

Good Food Warms The Heart - Jamroc Welcomes Valentine's Day

Jamroc101 Caribbean Grill
(eat@jamroc101.com)

From:



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To:



Take Your Love On A Caribbean Getaway This Valentine's Day

Valentine's Day is a very special time of year when we all have di chance to remind ourselves how lucky we are to have all di wonderful people in our lives, especially di ones we love.

Come visit us at [Jamroc 101 Caribbean Grill](#), and we will share our great love - cooking delicious and healthy food - with you and your special someone.

Valentine's Day is a chance to celebrate all dat we have. Let's celebrate together!

Links

[Website](#)

[Menu](#)

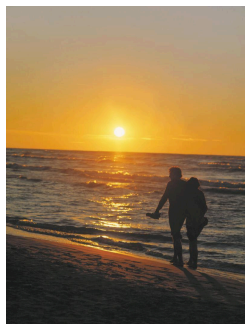
[Contact Us](#)



Jamroc 101 is
your island
getaway



Valentine's Day Specials



Jamaica's National Dish Ackee and Salt Fish (cod) served over rice and beans or white rice.....\$ 21.99

Steamed Little Neck Clams served in an incredible wine sauce\$14.99

Fresh Atlantic Salmon stuffed with cheese and broccoli in a Hollandaise Sauce.....\$18.99

Vegetarian-Curry Eggplant sautéed in Jamaican Curry sauce with coconut milk, chick peas, red bell peppers, onions, served over a bed of rice with a tossed green salad

.....\$ 12.99

add 5 **Jumbo Shrimp** for..... \$16.99

Cupid Chocolate Rum Cake....compliments of Jamroc 101 Caribbean Grill

ALL **Bottled Wine** including Champagne 25% off

Hear Di Music!

We be jammin' and rockin' at [Jamroc 101](#) with our favorite local talent. Take a look at what we have coming up for the month of February:

02.06 Arley Watkins U B Jammin on the steel drums

02.07 Johnny C Band

02.13 John Alleyne U B Jammin (steel drums)

02.14 Valentine special Arley with U B Jammin

02.20 Arley U B Jammin steel pans

02.21 The Flounders - brothers Lou and Mike Shook

02.27 Johnny C Band

02.28 The Flounders

Ya, Mon! If it's a taste of the islands you favor, then [Jamroc 101 Caribbean Grill](#) in Encinitas could be the place for you. David and Tina DaCosta have brought a little bit of Jamaica to Coast Highway.

Thank you for your business!

David & Tina